

JANUARY 2015 AQUADOME LUNCH BUNCH ACTIVITY DESCRIPTION

Notes: All Lunch Bunch activities begin at noon and are free of charge unless otherwise noted. Some classes may require purchase of supplies. When eating in restaurants or other outings, individuals are responsible for their own tabs. Please invite your friends for fellowship and have a fun-filled afternoon with the Aquadome Lunch Bunch! Membership to fitness classes is NOT a requirement in order to participate in the Lunch Bunch activities.

For more information, please contact the Aquadome Recreation Center: 256-341-4950.

Email Rochelle Darnell at rdarnell@decatur-al.gov

JAN 8: DIY CRAFTS: Most Thursdays, bring your lunch and favorite craft such as scrapbooking, knitting, & cross-stitch and enjoy an afternoon of crafting fellowship. This is a “work on your own project” activity. This is a great opportunity to share your particular hobby with others or to complete one of those unfinished projects you have stuck in a drawer!

JAN 12: NUTRITION CLASS: Through this class, learn to eat a healthier and less expensive lifestyle. Please make a \$2 donation to help pay for food.

JAN 13: MOVIE AND DINNER-Meet at the theatre for the viewing of “UNBROKEN;” movie begins at 4:05pm. Dinner will be at Chow King after the movie.

JAN 15: DIY CRAFTS

JAN 20: TURTLE DOVES-Learn to make a pair of 3-D vellum paper doves that will be perfect for your Valentine décor. The fee is \$5 per person. All supplies are included; however, please bring sharp scissors to class. Pre-registration is a must. Class begins at noon.

JAN 22: DIY CRAFTS

JAN 26: POT LUCK and BINGO-Bring your favorite POT LUCK dish to share with the gang. Stick around after lunch for a few games of BINGO. Nothing is better than food, fun and fellowship. Prizes will be awarded. (Donations of prizes are greatly appreciated)!!