

INSTRUCTOR NEEDED

TUMBLING, CHEERING AND GYMNASTICS

Aquadome Recreation Center

The basic information for the help wanted advertisement is as follows:

1. I need an instructor for tumbling, gymnastics and cheering. This is a recreational program, not for competition. The format should be geared toward defining motor skills and creating an environment that includes fun while exercising and developing the self confidence of participants. Equipment will be provided.
2. This can be one person with the required skills or one person with an assistant.
3. Salary is negotiable; however, I prefer contract labor with a split of the revenue generated from this activity (80% to the instructor, 20% to Parks & Recreation). The assistant will be paid by the instructor.
4. The classes will be for ages four years old up to age 14. The classes may be broken down into two age groups if needed.
5. Please note the required skills needed for the instructor/instructors:
 - A. Knowledge of basic tumbling skills to include forward/backward rolls, cartwheels, back arches and the ability to work on building strength of core, arms and shoulders. The ability to teach more advanced moves as students progress with training.
 - B. Experience in using the balance beam, vault, bars and floor exercises.
 - C. The ability to teach yells, drills, dance movements and jumps that are often used with high school cheering squads.

Interested parties may apply at the business office located at Fort Decatur (610 4th Ave SE) or at the [Aquadome Recreation Center](#) (1202 5th Ave SW). For more information, contact Rochelle Darnell at 256-341-4950 or email Rochelle at rranes@decatour-al.gov